



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

BELLY DANCING CLASSES WITH FAUNA

**5 WEEK SESSION
FEBRUARY 27TH – MARCH 26TH
MONDAYS 7:30PM-8:30PM**

**\$37.50 PER SESSION OR \$11 PER CLASS DROP IN
FOR MEMBERS
\$45 PER SESSION OR \$13 PER CLASS DROP IN
FOR
NON-MEMBERS**

RAGSDALE FAMILY YMCA
900 BONNER DRIVE
JAMESTOWN, NC 27282
ragsdaleymca.org



Learn belly dance in a fun and relaxed atmosphere. You will learn posture, isolations, basic hip movements, shoulder work, traveling steps, turns, level changes and layering. We'll apply the movements to a modern middle eastern music piece and work with veils. Develop strength in core muscles, improve flexibility and have a blast dancing with a wonderful community of women.

Office purposes only: Session FEB12 Session :07FIBD or 07FIBDDI