



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BOOM, BAM, BANG DRUMS ALIVE



ACTIVE OLDER ADULTS
YOUNG AT HEART

March 16th, 2012
10:15-11:15am

Drums Alive®

Always wondered what Drums Alive was? Well wonder no more! Your questions and curious thoughts about this class will be answered and fulfilled. There will be a special class especially for our Active Older Adults, lead by Chrissy. In lure of your regular classes, come and put the boom boom pow in your soul at Drums Alive at the Ragsdale Y.

RAGSDALE FAMILY YMCA
900 Bonner Drive, Jamestown NC 27282
P 366 882 9622 ragdaleymca.org