

Swim Lessons at the Y are offered the entire year. Below are the session dates and registration dates for our next several sessions. Swim Lessons are offered on weekdays or Saturdays. Weekday classes are four weeks, with 2 lessons each week. Saturday classes are six weeks, with 1 lesson each week. Registration for all sessions below is open.

New family discount: \$5 discount on additional children in the same family that register in the same session.

Spring 2010 Discounts: Sign up for all three weekday sessions March, April & May and receive one free session of swim lessons for summer 2010! Sign up for both Spring Saturday sessions and receive a coupon for \$10.00 off swim lessons for summer 2010!

Sessions	Mon. & Wed. Class Dates	Tues. & Thurs. Class Dates	Saturday Class Dates	Last Day to Register	Costs
March	March 1 – 24	March 2 – 25		February 26 Reg. Code: Mar10 –07aqsl	\$40 Members \$72 Non- Members
April	April 5 – April 28	April 6 – April 29		April 2 Reg. Code: Apr10 –07aqsl	\$40 Members \$72 Non-Members
May	May 3 – 26	May 4 – 27		April 30 Reg. Code: May10 –07aqsl	\$40 Members \$72 Non-Members
Saturday Spring 1			April 3 – May 8	April 2 Reg. Code: Apr10 –07aqsls	\$30 Members \$55 Non- Members
Saturday Spring 2			May 15 – June 19	May 14 Reg. Code: May10 –07aqsls	\$30 Members \$55 Non-Members

P – Preschool Classes, Y – Youth Classes. Times and Days cannot be mixed and matched, no exceptions. **No Make-up classes.** Class times and availability are subject to change. Late registrations must have prior approval of Aquatics Director and are not guaranteed. A minimum of three participants is required to hold a class and class size limits are in place for aquatic safety and quality swim lessons. Vouchers will be given if the Ragsdale YMCA has to close the pool for safety reasons.

SKIPS (LEVEL – 0): A class for children **ages 6 - 36 months** and their parents. Learn water adjustment skills, personal safety, and fun!

Day of the week: Saturday Time: 9:15 – 9:45 AM Parent or adult age 18 or older must accompany the child in the water. * Member price for both Members and Non-Members.

PIKE (LEVEL P-1) : Beginning skills for children **ages 3-5** that have little or no swimming and floating skills, emphasis is on basic locomotion.

Days of the week: Monday & Wednesday Time: 5:15 – 5:45 PM or 6:30 – 7:00 PM
 Days of the week: Tuesday & Thursday 5:30 – 6:00 PM
 Day of the week: Saturday Time: 9:15 – 9:45 AM or 10:00 – 10:30 AM or 11:30 – 12:00

EEL (LEVEL P-2): Advanced Beginning skills for children **ages 3 – 5** who can paddle 5 feet unassisted.

Days of the week: Monday & Wednesday Time: 5:15 – 5:45 PM
 Days of the week: Tuesday & Thursday 5:30 – 6:00 PM
 Day of the week: Saturday Time: 10:00 – 10:30 AM or 11:30 – 12:00

RAY/STARFISH (LEVEL P-3): Intermediate skills for children **ages 3 – 5** that can float, and paddle 15 feet unassisted.

Days of the week: Monday & Wednesday Time: 5:15 – 5:45 PM
 Days of the week: Tuesday & Thursday Time: 11:00 – 11:30 AM
 Day of the week: Saturday Time: 10:00 – 10:30 AM

POLLIWOG (LEVEL Y-1): Beginning skills for children **ages 6 – 12** the emphasis is on floating, and basic stroke development.

Days of the week: Monday & Wednesday Time: 4:30 – 5:15 PM or 5:45 – 6:30 PM
 Days of the week: Tuesday & Thursday Time 6:00 – 6:45 PM
 Day of the week: Saturday Time: 10:45 – 11:30 AM

GUPPY (LEVEL Y-2) Advanced Beginning skills for children **ages 6 – 12** who can paddle 15 feet unassisted on front and back.

Days of the week: Monday & Wednesday Time: 4:30 – 5:15 PM or 5:45 – 6:30 PM
 Days of the week: Tuesday & Thursday Time: 6:00 – 6:45 PM
 Day of the week: Saturday Time: 10:45 – 11:30 PM

MINNOW (LEVEL Y-3): Intermediate skills for children **ages 6 – 12** who can swim 25 yards (1 pool length) using front crawl and backstroke.

Days of the week: Monday & Wednesday Time: 4:30 – 5:15 PM or 5:45 – 6:30 PM
 Days of the week: Tuesday & Thursday Time: 6:45 – 7:30 PM
 Day of the week: Saturday Time: 10:45 – 11:30 AM

FISH/FLYING FISH (LEVEL Y-4): Advanced skills for children **ages 6 – 12** who can 1 length of the swim breaststroke, backstroke and front crawl.

Days of the week: Monday & Wednesday Time: 6:30 – 7:15 PM
 Days of the week: Tuesday & Thursday Time: 6:45 – 7:30 PM
 Day of the week: Saturday Time: 10:45 – 11:30 AM

ADULT (LEVEL A): Designed for beginning adult swimmers and also for adult swimmers who want to learn more strokes or swim for fitness.

Ages 13 & up.
 Day of the week: Saturday Time: 9:00 – 9:45 AM