

Porpoise Club



S P R I N G 2 0 0 9

Porpoise Club is a pre-swim team. Swimmers will work on stroke refinement, flip turns, speed improvement and starts. It is also a great way to stay in shape and get some exercise. Porpoise club is designed for intermediate to advanced level swimmers. Participants should be able to swim at least one length on front and back and have a basic understanding of freestyle, backstroke and breaststroke. Porpoise Club is offered every month during the school year for ages 6 - 12.

Porpoise Club is offered each month on Monday, Wednesday & Fridays from 5:00 - 6:00 p.m.

March Session Dates

March 2 - March 27

2 Days a week \$40 Members, \$70 Non-Members

3 Days a week \$60 Members, \$105 Non-Members

Registration Begins: February 16 Registration Ends: February 26

April Session Dates

March 30 - April 24

2 Days a week \$40 Members, \$70 Non-Members

3 Days a week \$60 Members, \$105 Non-Members

Registration Begins: March 16 Registration Ends: March 26

May Session Dates

May 4 - May 22

2 Days a week \$30 Members, \$60 Non-Members

3 Days a week \$45 Members, \$75 Non-Members

Registration Begins: April 13 Registration Ends: April 27



Please contact Katherine Page, Aquatics Director at 336-882-9622 ext. 235 or katherine.page@ymcagreensboro.org if you have any questions.

Mary Perry Ragsdale Family YMCA 900 Bonner Dr. Jamestown, NC 27282 - www.ragsdaleymca.org

Financial Assistance is available through our Open Doors Scholarship Program.

The mission of the YMCA is to put Judeo-Christian Principles into practice through programs that build a healthy, mind, spirit and body for all.