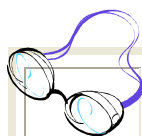


February 1-10, 2010 POOL SCHEDULE

Mary Perry Ragsdale Family YMCA



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 – 8:30 AM	5 Lap Lanes Water Fitness	2-5 Lap Lanes Water Fitness Masters 6-7	5 Lap Lanes Water Fitness	2-5 Lap Lanes Water Fitness Masters 6-7	5 Lap Lanes Water Fitness	Pool opens at 7:00AM Aquatic Yoga	Closed
8:30 - 12:00 PM	5 Lap Lanes Water Fitness GTCC @ 11	3-5 Lap Lanes Water Fitness Swim Lessons Aquatic Bootcamp	5 Lap Lanes Water Fitness GTCC @ 11	3-5 Lap Lanes Water Fitness Swim Lessons Aquatic Bootcamp	5 Lap Lanes Water Fitness GTCC @ 11	Swim Lessons Open Swim 3 Lap Lanes	Closed
11:45-12:00	POOL CLOSED	5 Lap Lanes Water Fitness	POOL CLOSED	5 Lap Lanes Water Fitness	POOL CLOSED	Swim Lessons Open Swim 5 Lap Lanes	Closed
12:00 – 12:15 PM	GTCC Open Swim	POOL CLOSED	GTCC Open Swim	POOL CLOSED	GTCC Open Swim	Open Swim 5 Lap lanes	Pool Opens at 1:00 PM
12:00 - 4:30 PM	GTCC 12 – 1 Open Swim 5 Lap Lanes	Open Swim 5 Lap Lanes	GTCC 12-3 Open Swim 2-5 Lap Lanes	Open Swim 5 Lap Lanes	GTCC Open Swim 5 Lap Lanes	Open Swim 5 Lap lanes	Open Swim 5 Lap Lanes
4:00 – 4:30 PM	RHS (2 lanes) Open Swim 3 Lap Lanes	RHS (2 lanes) Open Swim 3 Lap Lanes	RHS (2 lanes) Open Swim 3 Lap Lanes	RHS (2 lanes) Open Swim 3 Lap Lanes	RHS (2 lanes) Open Swim 3 Lap Lanes	Open Swim 5 Lap lanes	Open Swim 5 Lap Lanes
4:30 - 5:30 PM	GCY (3 lanes) RHS (2 lanes) 1 Lap Lane Open Swim Swim Lessons Porpoise Club	RHS (2 lanes) GCY (3 lanes) 1 Lap Lane Open Swim Water Fitness	GCY (3 lanes) RHS (2 lanes) 1 Lap Lane Open Swim Swim Lessons Porpoise Club	GCY (3 lanes) RHS (2 lanes) 1 Lap Lane Open Swim Water Fitness	RHS (2 lanes) GCY (3 lanes) 1 Lap Lane Open Swim After School	Pool Closes at 5:30	POOL CLOSES at 5:30
5:30 – 6:30	GCY (3 lanes) Porpoise Club 1-2 Lap Lanes Swim Lessons Open Swim	GCY (3 lanes) Porpoise Club 2 Lap Lanes Swim Lessons Water Fitness Open Swim	GCY (3 lanes) Porpoise Club 2 Lap Lanes Swim Lessons Open Swim	GCY (3 lanes) 2 Lap Lanes Synchro Swim Lessons Water Fitness Open Swim	GCY(3 lanes) 2 Lap Lanes Open Swim	<p style="text-align: center;"><u>New Pool Hours</u></p> <p>Effective January 1, 2010 the pool will close at 9:00 pm Monday – Thursday and it will close at 5:30 pm on Saturdays.</p> <p>Check out our new Aquatic Programs online– Aquatic Bootcamp and Aquatic YOGA.</p> <p style="text-align: center;">www.ragsdaleymca.org</p>	
6:30 – 7:30 PM	GCY (3 lanes) Swim Lessons 2 Lap Lanes Open Swim	GCY (3 lanes) Swim Lessons Water Fitness 2 Lap Lanes Open Swim	GCY (3 lanes) Swim Lessons 2 Lap Lanes Open Swim	GCY (3 lanes) Swim Lessons Water Fitness 2 Lap Lanes Open Swim	GCY (3 lanes) Porpoise Club 2 Lap Lanes Open Swim		
7:30 – 9:00 PM	Open Swim 5 Lap Lanes	Open Swim 5 Lap Lanes	Open Swim 5 Lap Lanes	Open Swim 5 Lap Lanes	POOL CLOSES at 7:30		
9:00PM	CLOSED	CLOSED	CLOSED	CLOSED			

- GCY – Greensboro Community YMCA Swim Team
- GTCC –Guilford Tech Community College classes
- Lap Lanes – estimate the number of laps available, please limit lap lane use to thirty (30) minutes when others are waiting, and circle swim. Swim lessons are given priority over lap lanes.
- Masters – Greensboro Community YMCA Masters Swim Team
- Porpoise Club - when our Porpoise Club is practicing.
- RHS – When the Ragsdale HS swim team is practicing.
- Afterschool – our afterschool YMCA program will be using the pool.

- Swim Lessons – Group Swim Lessons
- Open Swim – when the pool is open for play/recreational swim. Please supervise your children, according to pool rules listed on reverse of flyer.
- Synchro – Synchronized Swimming Class
- WF – One or more Adult Water Fitness Classes
- Private swim lessons, lifeguard classes and pool parties also may occur at any time during the pools operating hours.
- Open swim times may also be shared with pool parties
- We keep our pool temperature approximately 83 degrees.

POOL SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE, CHANGES WILL BE POSTED.